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Bipolar

Disorder Am I
Bipolar

How
Disorder Am I

Bipolar Quiz
Tests Reveal

Bipolar Quiz
The Answers

Tests Reveal

The Answers

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Disorder Am I

Bipolar disorder

(depression \u0026

mania) - causes,

symptoms, treatment

\u0026 pathology

Depressive and Bipolar

Disorders: Crash Course

Psychology #30 How to

manage bipolar disorder

- 6 Strategies Bipolar

Disorder vs Depression -

5 Signs You're Likely

Bipolar 10 Signs of

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~~BIPOLAR Disorder:~~

~~How To Tell if
Someone is Bipolar!~~

10 Signs of Bipolar
Disorder 10 Facts About
Bipolar Disorder That
Everyone Should Know

bipolar episode caught
on tape | manic night

all about bipolar
disorder What is Bipolar
2 Disorder? Chatting
with a Person with
Bipolar Disorder I Have

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Bipolar Disorder

10 Things to NEVER
SAY to Someone With
Bipolar Disorder! Books
About Bipolar Disorder
Dating with Bipolar
Bipolar Disorder: In
Our Own Words |
WebMD What is
BIPOLAR
DISORDER Like?
How Does it Feel? 5
Signs of Bipolar 2
Disorder That I

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Experienced | Am I

HealthyPlace Signs

YOU have Bipolar

Disorder 11 ways to

cope with bipolar

disorder What Does

Bipolar I Feel Like?

Bipolar Disorder Am I

Bipolar

The signs of bipolar disorder are pretty clear,

but they can be easily

confused with other

conditions. Diagnosing

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bipolar disorder isn't always easy, but it's crucial to getting the right help.

Tests Reveal

Am I Bipolar? How To Tell If You Have Bipolar Disorder

A score of 60 or higher usually correlates with Bipolar I. The lower your score, the milder your degree of

“ bipolarity ” . If you

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score under 10, the answer to AM I BIPOLAR is probably a NO! Pros and cons of bipolar self screening tests. Anyone asking “ Am I bipolar ” can easily do a bipolar disorder self test to check their bipolar symptoms.

Am I Bipolar? Learn 5 Factors Experts Use to

Page 9/79

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Diagnose ... Am I

Bipolar Disorder Test 1.

At times I am much more talkative or speak much faster than usual.

Not at all Just a little

Somewhat Moderately

Quite... 2. There have been times when I was much more active or did many more things than usual. Not at all Just a...

3. I get into moods where I feel very ...

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Disorder Am I

Bipolar Disorder Test -
3 Minute, Scientific
Quiz

Bipolar — sometimes known as manic depression — is a severe mental health illness characterised by significant mood swings including manic highs and depressive lows.

The majority of individuals with bipolar

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experience alternating episodes of mania and depression. Bipolar affects everyone differently and can be difficult to diagnose.

I think I might have bipolar | Bipolar UK
Bipolar disorder, also known as bipolar affective disorder, is a mood disorder. It used to be called manic

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depression. Bipolar I disorder can cause your mood to swing from an extreme high to an extreme low. Manic symptoms can include increased energy, excitement, impulsive behaviour and agitation.

What are the signs and symptoms of bipolar disorder?

Bipolar disorder isn't a

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rare brain disorder. In fact, 2.8 percent of U.S. adults — or about 5 million people — have been diagnosed with it. The average age when people with bipolar disorder ...

What's Bipolar Disorder? How Do I Know If I Have It? Bipolar disorder is characterized by

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Bipolar Quiz
Tests Revealed
The Answers

successive periods of
elation (mania) and
depression, interspersed
with asymptomatic
phases, called euthymia.
People who have shorter
periods of asymptomatic
...

Study could provide a
new tool to predict
relapse in ...

Bipolar disorder is a
mental illness marked by

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Bipolar How
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Tests Reveal
The Answers
extreme changes in
mood from high to low,
and from low to high.
Highs are periods of
mania, while lows are
periods of depression.
The changes in mood...

Bipolar Disorder: 14
Signs to Look For -
Healthline

If your mood swings last
a long time but are not
severe enough to be

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Bipolar

classified as bipolar I disorder, you may be diagnosed with a mild form of bipolar disorder called cyclothymia.

Living with bipolar disorder. Bipolar disorder is a condition of extremes. A person with bipolar disorder may be unaware they're in the manic phase.

Bipolar disorder -

Page 17/79

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Bipolar

Symptoms - NHS

What is bipolar disorder? Bipolar disorder is a mental health problem that mainly affects your mood. If you have bipolar disorder, you are likely to have times where you experience: manic or hypomanic episodes (feeling high) depressive episodes (feeling low) potentially

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Bipolar

some psychotic
symptoms during manic
or depressed episodes

Bipolar Quiz

About bipolar disorder |
Mind, the mental health
charity ...

You may be told you
have bipolar I if you
have experienced at
least one episode of
mania which has lasted
longer than a week. You
might also have

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Bipolar

experienced depressive episodes, although not everyone does. Bipolar II. You may get a diagnosis of bipolar II if you have experienced both at least one episode of severe depression and symptoms of hypomania.

Types of bipolar |
Mind, the mental health
charity - help ...

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Bipolar disorder, previously known as manic depression, is a mental disorder characterized by periods of depression and periods of abnormally elevated mood that last from days to weeks each. If the elevated mood is severe or associated with psychosis, it is called mania; if it is less severe,

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it is called hypomania.

During mania, an individual behaves or feels abnormally energetic, happy, or ...

The Answers

Bipolar disorder -

Wikipedia

If you think you may be suffering from Bipolar Disorder or any other mental health condition, PsyCom strongly recommends that you

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Bipolar

seek help from a doctor
in order to receive a
proper diagnosis and
support. Last Updated:
Apr 27, 2020

The Answers

FREE Bipolar Disorder
Test & Screening.

Instant Results

Diagnosed in 2003, he
has made it his mission
to put a human face on
what it means to live
with bipolar disorder.

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Gabe was the recipient of the 2014 Mental Health America Norman Guitry Award, placed second in HealthCentral's LiveBold competition, a PsychCentral 2014 Mental Health hero, was a 2015 WEGO Health Awards Finalist in the Health Activist Category, and received a Best of the Web ...

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Disorder Am I

I Am Bipolar; Should I
Have Children? |
bpHope.com

Bipolar disorder is
widely believed to be the
result of chemical
imbalances in the brain.

The chemicals
responsible for
controlling the brain's
functions are called
neurotransmitters, and
include noradrenaline,

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Bipolar

serotonin and
dopamine.

Bipolar How

Bipolar Quiz -

Causes - NHS

Take our free online
version of a bipolar

disorder test. It is

designed to screening

for the possibility of

bipolar disorder. In this

test you have 18

questions and you have

to answer every question

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Carefully. After
submitting the
questionnaire you will
get your bipolar
disorder test report
instantly.

Bipolar Test -

IllnessQuiz

Bipolar disorder is
characterized by
successive periods of
elation (mania) and
depression, interspersed

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Bipolar

with asymptomatic
phases, called euthymia.
People who have shorter
periods of asymptomatic
... Tests Reveal

The Answers

Lack of positivity bias
can predict relapse in
bipolar ...

Bipolar Disorder People
with bipolar disorder
have highs and lows that
are much more intense
and longer-lasting than

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Bipolar

Disorder. For
usual mood swings. For
example, it's normal to
feel great, like
everything's...

Tests Reveal

The Answers

This new edition of
Diagnostic and
Statistical Manual of
Mental Disorders
(DSM-5®), used by
clinicians and
researchers to diagnose

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and classify mental disorders, is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health. Their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnoses, treatment, and research.

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The criteria are concise and explicit, intended to facilitate an objective assessment of symptom presentations in a variety of clinical settings -- inpatient, outpatient, partial hospital, consultation-liaison, clinical, private practice, and primary care. New features and enhancements make DSM-5® easier to use

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across all settings: The chapter organization reflects a lifespan approach, with disorders typically diagnosed in childhood (such as neurodevelopmental disorders) at the beginning of the manual, and those more typical of older adults (such as neurocognitive disorders) placed at the

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end. Also included are

age-related factors
specific to diagnosis.

The latest findings in
neuroimaging and
genetics have been
integrated into each
disorder along with
gender and cultural
considerations. The
revised organizational
structure recognizes
symptoms that span
multiple diagnostic

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Disorder And
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categories, providing new clinical insight in diagnosis. Specific criteria have been streamlined, consolidated, or clarified to be consistent with clinical practice (including the consolidation of autism disorder, Asperger's syndrome, and pervasive developmental disorder into autism

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spectrum disorder; the streamlined classification of bipolar and depressive disorders; the restructuring of substance use disorders for consistency and clarity; and the enhanced specificity for major and mild neurocognitive disorders). Dimensional assessments for research

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and validation of clinical results have been provided. Both ICD-9-CM and ICD-10-CM codes are included for each disorder, and the organizational structure is consistent with the new ICD-11 in development. The Diagnostic and Statistical Manual of Mental Disorders, Fifth

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Edition, is the most comprehensive, current, and critical resource for clinical practice available to today's mental health clinicians and researchers of all orientations. The information contained in the manual is also valuable to other physicians and health professionals, including psychologists,

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Disorder, nurses, and
occupational and
rehabilitation therapists,
as well as social workers
and forensic and legal
specialists.

What is bipolar
disorder? Bipolar
disorder also commonly
referred to as the manic
depressive disorder, is a
brain illness that is
associated with

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Bipolar

abnormal mood swings, activity and energy levels as well as the ability of the affected person to perform normal daily activities. It can range from the lows of depression to the highs of obsession. As a result of the depression one may lose pleasure or interest in a lot of the activities and end up hopeless or sad.

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Whereas your mood may swing into obsession one may feel full of energy or euphoric. The symptoms of this condition are severe, and are quite different from the normal mood swings you undergo through from time to time. These symptoms may result to poor performance in the work

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Bipolar

place, poor performance in school, suicide or damage your relationship. However, it is important to note that bipolar disease can be treated and those suffering from it may regain their normal productive lives. This condition is very common in early adults and late teens. Although some people develop

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Bipolar

early signs during their childhood many develop its signs late in their life.

Symptoms of bipolar disorder People suffering from this disorder often

experience abnormal severe emotional states periodically. One may experience a joyful period for sometimes and later the mood may change to a depression

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Bipolar

or an obsession period.

Another common symptom is the severe changes in activity, behavior, sleep or energy levels that are associate with the mood swings. If you suffer from this condition you may experience periods of hopelessness, loss on pleasure and interest in different activities including sex. Other

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Bipolar

Disorder Am

Behavioral changes that

are common include

irritability, restlessness,

poor concentration,

poor memory; thinking

about death, problems

sleeping and one is

easily distracted. Test

For Bipolar Disorder

The first step during test

is a physical

examination conducted

by talking to a doctor, it

involves an interview as

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Bipolar

well as laboratory tests.

This disorder cannot be identified through a

brain scan or a mere

blood test, however,

these test are essential in ruling out other causing

factors such as brain

tumor or stroke. If

bipolar disorder is not

caused by other illnesses

then the physician may

conduct a mental health

examination. The

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doctor checks on any bipolar disorder history in the patient's family line. The test has to be conclusive to avoid mistaking it for the common unipolar disorder which is a major depressive disorder where the affected don't experience obsession.

Treatment Of Bipolar Disorder Currently

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Bipolar

there is no cure for this condition; however different treatments are administered to help those suffering from this condition to gain much better control of their mood changes as well as the related symptoms. Bipolar disorder is long term and recurrent therefore an efficient maintenance treatment plan should be used.

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This treatment plan involves psychotherapy and other medication is essential in preventing relapse as well as minimizing the severity of its symptoms. Since different people respond differently to medication then different medications may be used to treat this condition. Among these medications include

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mood stabilizers, Am I
lithium, valporic acid as
Bipolar How
well as other
Bipolar Quiz
anticonvulsant
Tests Reveal
medications.

The Answers

The authors offer those
with Bipolar Disorder a
four-step plan towards
managing the illness and
creating lasting stability.

Violent mood
swings...suicidal

Page 49/79

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Bipolar

feelings...unpredictable behavior... Is your life a roller coaster of highs and lows? Do your moods vacillate between profound sadness and euphoria? If so, you may be suffering from bipolar disorder, a complex illness that involves the mood centers of the brain and affects as many as two million Americans.

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Since bipolar disorder is often misdiagnosed as major depression, an accurate diagnosis is crucial to understanding and managing this often chronic condition. Now this sensitive, authoritative guide explains the challenging nature of bipolar disorder and how to get the right kind of treatment to minimize

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or prevent future
episodes of this
devastating illness. Find
out: What causes
bipolar disorder and
who is at risk The
symptoms of both manic
and depressive episodes
and their common
triggers How to get the
very specific kind of help
you need and why early
diagnosis is your best bet
for successful treatment

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The latest facts on
successfully managing
bipolar disorder...why
alternative therapies
such as meditation and
hypnotherapy can
actually be dangerous to
bipolar sufferers...plus
news from the front
lines of research

In the vein of An
Unquiet Mind comes a
storm of a memoir that

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will take you deep inside bipolar disorder and change everything you know. When Marya Hornbacher published her first book, *Wasted: A Memoir of Anorexia and Bulimia*, she did not yet have the piece of shattering knowledge that would finally make sense of the chaos of her life. At age twenty-four, Hornbacher was

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diagnosed with Type I rapid-cycle bipolar, the most severe form of bipolar disorder. In *Madness*, in her trademark wry and utterly self-revealing voice, Hornbacher tells her new story. Through scenes of astonishing visceral and emotional power, she takes us inside her own desperate attempts to

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Disorder: Manic
Bipolar: How
Bipolar Quiz
Test: Reveal
The Answers

counteract violently
careening mood swings
by self-starvation,
substance abuse,
numbing sex, and self-
mutilation. How
Hornbacher fights her
way up from a madness
that all but destroys her,
and what it is like to live
in a difficult and
sometimes beautiful life
and marriage—where
bipolar always

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beckons—is at the center of this brave and heart-stopping memoir. Madness delivers the revelation that Hornbacher is not alone: millions of people in America today are struggling with a variety of disorders that may disguise their bipolar disease. And Hornbacher's fiercely self-aware portrait of

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her own bipolar as early as age four will powerfully change, too, the current debate on whether bipolar in children actually exists. New York

Times “ Humorous, articulate, and self-aware...A story that is almost impossible to put down. ” — “ With the same intimately revelatory and shocking

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Bipolar

emotional power that marked [Wasted], Hornbacher guides us through her labyrinth of psychological demons. ” —Elle

Tried everything but still not feeling better? If your depression keeps coming back or is even getting worse, then you may be suffering from bipolar II or “ soft ”

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bipolar disorder. Am I

Commonly misdiagnosed, these mood disorders are characterized by recurring bouts of depression along with anxiety, irritability, mood swings, sleep problems, or intrusive thoughts. Why Am I Still Depressed? shows you how to identify if you have a nonmanic

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form of bipolar disorder and how to work with your doctor to safely and effectively treat it.

Author James R. Phelps, M.D., gives you the latest tools and

knowledge so you can:

Understand the Mood Spectrum, a powerful new tool for diagnosis

Know all your treatment options, including mood-

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Bipolar

stabilizing medications
and research-tested
psychotherapies

Examine the potential
hazards of taking

antidepressant
medications Manage

your condition with
exercise and lifestyle

changes Help family
and friends with this

condition understand
their diagnosis and find

treatment

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Disorder Am I

An eminent child psychiatrist provides an insider's, whistle-

blowing perspective on the promotion of a diagnostic entity that does not exist. *

Arresting case histories *

A reference section

Bipolar disorder is not only one of the most difficult mental health

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Bipolar

Disorder, but also
one of the most
stigmatized and
misunderstood. For
these reasons, a
diagnosis of bipolar is a
major turning point in a
person ' s life. Bipolar
Disorder: A Guide for
the Newly
Diagnosed helps readers
process their diagnosis,
decide who to tell, and
discover the treatments

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and lifestyle changes that can help manage their symptoms. This book offers hope and support for the newly diagnosed without overwhelming them with extraneous information. The book covers workplace issues, how to become aware of bipolar triggers, how to find support, working with the treatment

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team, and dealing with the fear and stigma surrounding the diagnosis. Anyone who has been diagnosed with bipolar will appreciate having this easy-to-use reference at hand to help them understand more about the condition. This book has been awarded The Association for Behavioral and

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Cognitive Therapies

Self-Help Seal of Merit

— an award bestowed on outstanding self-help books that are consistent with cognitive behavioral therapy (CBT) principles and that incorporate scientifically tested strategies for overcoming mental health difficulties. Used alone or in conjunction

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with therapy, our books offer powerful tools readers can use to jump-start changes in their lives. This book is a part of New Harbinger Publications' Guides for the Newly Diagnosed series. The series was created to help people who have recently been diagnosed with a mental health condition. Our goal is to offer user-

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friendly resources that provide answers to common questions readers may have after receiving a diagnosis, as well as evidence-based strategies to help them cope with and manage their condition, so that they can get back to living a more balanced life. Visit www.newharbinger.com for more books in this

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Bipolar Quiz

Tests Reveal

The Answers

Take control of your symptoms--and take charge of your life If you're dealing with bipolar disorder, you already know that it ' s more than a cycle of “ ups ” and “ downs. ” You may also have difficulty with depression and irritability, as well as

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Problems with weight gain, memory, and fatigue. Dealing with these day-to-day

problems can sometimes seem like too much to bear. Drawing on the latest research in bipolar disorder, stress, and health, this step-by-step guide offers a complete selection of livable, workable solutions to manage bipolar disorder

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and helps you: Identify your symptoms Explore your treatment options Stabilize your moods Sharpen your mind Achieve your goals This isn't a one-size-fits-all guide. It's a uniquely personal approach to your bipolar disorder that covers the full spectrum of the disease and its symptoms. You'll be able to find successful

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ways to regulate your moods, relieve your stress, improve your thought processes, and break the bipolar cycle--for a happier, healthier life.

Approaching depression as a complex disorder with many different facets rather than all-or-nothing. Depression confuses the mind, strips

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away hope, and causes people to blame themselves for an illness they never asked for.

This book presents a revolutionary new understanding of the concept of depression and offers readers skills and strategies to manage it. No longer is this a one-size-fits-all diagnosis, and antidepressants are no

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longer the one-size-fits-all treatment. Mood disorders are now seen to form a spectrum of problems, from common depression on one end to full bipolar disorder on the other. In between these extremes are multitudes of people who are on the middle of the mood spectrum, and this book is for them. The first part of

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the book helps readers answer the question, “Where am I on the mood spectrum?” By laying the foundation for understanding this spectrum, Aiken and Phelps highlight the key distinctions that define unipolarity, bipolarity, hypomania, mania, and depression. Readers will be able to discern which definition best fits their

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Disorders, and use this understanding to learn which treatment methods will work best.

The authors also empower readers to look beyond antidepressants.

They walk readers through new medications for the mood spectrum, and offer a guide to non-medication treatments that anyone can use on

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Bipolar

their own, from diet and lifestyle changes to natural supplements.

The book also discusses other innovative technologies that can aid in recovery, including dawn simulators, mood apps, and blue-light filters.

This thoughtful and beneficial book will offer readers skills and strategies, as well as

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hope, in the face of
debilitating mental
challenges.

Bipolar Quiz

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